



The Spire Federation - PSHE & RSHE Curriculum Intent, Implementation & Impact

Curriculum Intent:

At The Spire Federation, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) and Relationships, Sex and Health education (RSHE) programme. Our PSHE/RSHE curriculum seeks to ensure that all pupils flourish through challenge and support. Our curriculum builds on our school values and gives children the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential. We strive for our pupils to leave primary school feeling confident in themselves, being able to keep themselves safe and thrive in an ever changing, complex world.

Our [Church School Values](#) (thankfulness, peace, trust, forgiveness, compassion and friendship) are discussed throughout the year during collective worship and also within PSHE lessons. This ensures that children are able to make connections and put into action how they can keep positive relationships, look after their mental wellbeing and keep themselves safe.

Integral to our PSHE/RSHE curriculum are our [Curriculum Golden Threads - Diversity Drivers, Wellbeing Warriors](#) and [Planet Protectors](#). Our golden threads are interwoven throughout lessons to ensure our pupils become valuable citizens of the world.

Curriculum Implementation:

- Our PSHE/RSHE curriculum is implemented through the [LCP PSHE & Citizenship scheme](#).
- PSHE is timetabled each week in Key Stage 1 and Key Stage 2.
- RSHE is taught as part of the broader PSHE curriculum. Biological aspects of RSHE are taught within the Primary Science Curriculum and some elements of RSHE may be taught within the RE

curriculum, particularly with relation to a range of views on relationships from religions and worldviews.

- Skills and knowledge are progressive with concepts built upon through topics and year groups.
- British Values are taught within PSHE lessons.
- Key areas of learning are revisited regularly and links are made within and between topics, which supports our children's learning through spaced repetition.
- Vulnerable groups of learners are supported through appropriate support and stretch challenges are used based on assessment for learning, to ensure the needs of all learners are met.
- Enrichment opportunities are used to help support the learning of PSHE/RSHE such as visits from fire officers and the police community safety officer along with participation in national schemes/events such as NSPCC Speak Out Stay Safe programme and National Online Safety Day.
- To support Year 6's when transitioning from primary to secondary school, a range of additional workshops take place such as 'Moving on' and 'Max Respect'.
- Some classrooms have a wellbeing area where children can let staff know how they are feeling each day and additional support can be given. Some classes have worry monsters where children can unburden their worries.
- A variety of books are used for teaching PSHE/RSHE which are engaging and used across the curriculum too.
- Parents were consulted on our RSHE Policy which is available on our website. Parents are always made aware of sensitive topics that are being addressed in class and are given the opportunity to look at resources beforehand. They have a right to withdraw their child from non-statutory Sex Education elements ([Lesson 11 in green below](#)).
- We have Emotional Literacy Support Assistants and Youth Mental Health First Aiders in school to give pupils who need additional support.



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Curriculum Impact:

By the end of Year 6, when transitioning to secondary school, we aspire that pupils will have developed a deep understanding of themselves and others, both in their communities and around the world. We want the children to be well equipped on their journey to the world of work in modern Britain. The PSHE/RSHE curriculum gives the children the skills needed to keep themselves safe in an ever-changing world.

Our staff team collectively monitor PSHE / RSHE across our schools at a dedicated staff meeting.

Pupil voice is obtained to inform practice and celebrate achievements.

Our Golden Threads are interwoven through our PSHE & RSHE Curriculum:

- **Diversity Drivers** - Understanding and respecting relationships between individuals and communities, understanding of the world and values, beliefs and experiences
- **Wellbeing Warriors** - Mental, physical and emotional well-being
- **Planet Protectors** - Care for the environment and sustainability (*Living in a global world*)



SPIRE FEDERATION PSHE LTP

LCP Planning Resource

Cycle	Years	T1	T2	T3	T4	T5	T6
A 2021-22	EYFS	Fairness: Behaviour	Fairness: Sharing	Relationships: Relationships at school	Relationships: Relationships at home and in the community	Choices: Keeping Healthy	Choices: Being Independent
	1 / 2	Who am I? 10		Right and Wrong 9	Health and Hygiene 9	Feelings and Relationships 11	
	3 / 4	Who am I? Lessons 1-4 (4)	Choices Lessons 1-4 (4)	Right and Wrong Lessons 1-7 (7)	Health and hygiene Lessons 1-7 (7)	Feeling and Relationships Lessons 1-6 (6)	Recap
	5 / 6	Who am I? Lessons 5-12 (8)	Choices Lessons 5-8 (4) Right and Wrong Lessons 8/9 (2)	Life in Britain 16		Feeling and Relationships Lessons 7-10+12 (5) SRE lesson 11 (3?)	Building the future: money management 9
B 2020-21	EYFS	Fairness: Behaviour 11	Fairness: Sharing 11	Relationships: Relationships at school 11	Relationships: Relationships at home and in the community 11	Choices: Keeping Healthy 11	Choices: Being Independent 11
	1 / 2	Rights, respect and responsibilities 10	Choices 9	Communities 11		Rules 11	
	3 / 4	Mental Health and emotional well-being Lessons 1-5 (5)	Rights, respect and responsibilities Lessons 1-7 (7)	Communities Lessons 1-9 (9)		Rules and Laws Lessons 1-7 (7)	Recap
	5 / 6	Mental Health and emotional well-being Lessons 6-13 (8)	Rights, respect and responsibilities Lessons 8-11 (4) Communities Lessons 10-15 (6)	Rules and Laws Lessons 8-15 (8)	Democracy 12	Living in a Global community 12	Building the future: the world of work 9

We follow the LCP PSHE and Citizenship Scheme of Work and use some additional resources as detailed below.

LCP File	Lesson	Additional Resources Used
EYFS & KS1 P11	Relationships at home and in the community Discuss types of families	The Family Book* And Tango Makes Three (Story Book)*
KS2 Part 1 P125	Feelings and relationships: 9 - Diversity Similarities and differences including sexuality	The Other Ark (Story Book)*
KS2 Part 1 P126	Feelings and relationships : 10 – Supporting Diversity LGBT	King & King (Story Book)*
KS2 Part 1 P138	Feelings and relationships: 11 – Sex, love & relationships Note: This lesson is taught after Growing Up – Adolescence	Lesson 11 plus Living & Growing DVD Programme 5 & 6
KS2 Part 1 P180	Growing Up -Adolescence	Lesson 10 plus Living & Growing DVD Programme 4 – Changes Programme 7 – Girl Talk Programme 8 – Boy Talk
KS2 Part 1 P183	Appropriate & Inappropriate Touching	Lesson 11 – Plus NSPCC resources https://learning.nspcc.org.uk/research/resources/schools/pants-teaching