

Sessions delivered by East Lindsey Children's Centres and your local area staff – Louth from 4th May

Booking will not open until 8am the day after the session, any booking received prior to this can't be considered

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
9.30am – 10.00am Virtual Rhyme Time (For children aged 0-5yrs) CLICK HERE TO REGISTER	9.30am – 3.30pm Health Visitor Clinic To book an appointment please call 01522 843000	9.30am – 10.00am Virtual Rhyme Time (For children aged 0-5yrs) CLICK HERE TO REGISTER	9.30am – 3.30pm Health Visitor Clinic To book an appointment please call 01522 843000	9.30am – 3.30pm Health Visitor Clinic To book an appointment please call 01522 843000
1.00pm – 1.30pm Virtual Growing Talk (For children aged 0-5yrs) CLICK HERE TO REGISTER	10.15am – 10.45am Virtual Skills Development Service – How Can We Help? CLICK HERE TO REGISTER	11.45am – 12.15pm Virtual The Early Days (For babies born during Covid-19) CLICK HERE TO REGISTER	9.30am – 10.00am Virtual Growing Talk (For children aged 0-5yrs) CLICK HERE TO REGISTER	10.00am – 10.30am Wellbeing 'Waddle Toddler' Walk ideal for 0-2 years but older siblings welcome EMAIL THE CENTRE TO BOOK
	10.00am-11.00am Stay and Play Tweenies for crawling babies EMAIL THE CENTRE TO BOOK	1.00pm – 1.30pm Virtual Rhyme Time (For children aged 0-5yrs) CLICK HERE TO REGISTER	10.15am – 10.45am Virtual Rhyme Time (For children aged 0-5yrs) CLICK HERE TO REGISTER	10.30am – 11.00am Virtual Growing Talk (For children aged 0-5yrs) CLICK HERE TO REGISTER
For the majority of Centres we are taking bookings via e-mail only and spaces are allocated in order of receipt of request. We aim to offer services to as many families as possible which means if you have attended a Centre one week, you may not be successful in securing a place the next week.	10.30am – 11.00am Virtual Chat and Chill Volunteer-led Group (Term Time Only) CLICK HERE TO REGISTER	1.30pm – 2.30pm Toddler Outside Play Let's Get Active ideal for 2-5 years (confident movers) but younger siblings welcome EMAIL THE CENTRE TO BOOK	We appreciate that families may be disappointed if they are unable to access the session but we must continue to ensure everyone's safety is a priority. If you are unable to attend the session of your choice, please do ask for details of other sessions on offer that may be of interest to you.	GROW Your Own Confidence 4-week Course 12.30pm – 1.30pm Please email beststart@eyalliance.org.uk to find out more or when the next course begins
	11.15am – 11.45am Virtual Growing Talk (For children aged 0-5yrs) CLICK HERE TO REGISTER			
We are following government guidelines which means we still have to reduce the number of people in buildings. We are continually reviewing guidance and will look to add sessions when and where we are able as we want to give as many early	1.00pm-1.30pm Virtual Rhyme Time (For children aged 0-5yrs) CLICK HERE TO REGISTER			1.00pm – 1.30pm Virtual Rhyme Time (For children aged 0-5yrs) CLICK HERE TO REGISTER

years children as possible the opportunity to experience being with their peers

1.00pm-2.00pm

Stay and Play

for non-mobile babies

EMAIL THE CENTRE TO BOOK

To book a place on the sessions please e-mail the centre at the address below:

Louth_CC_fax@lincolnshire.gov.uk



Our session descriptors

Toddler Outside Play - Let's Get Active: An outdoor session to support children's physical development and skills. This session is ideal for 2-5 years (confident movers) but younger siblings welcome Please dress for whatever the weather!

Wellbeing 'Waddle Toddler' Walk: ideal for 0-2 years but older siblings welcome. Average walk time is 25 minutes with lots of stops along the way to learn about the world around us.

Stay and Play for Non-Mobile Babies: A session to give non-mobile babies the opportunity to develop their growing skills while having lots of fun.

Stay and Play for Tweenies - A session aimed at children who are crawlers or coasters. This session is a bookable play and learning session

Growing Talk: A music and rhyme session focusing on developing children's growing language skills. Children will meet Mikey the puppet and sing along to their favourite songs.

Rhyme Time: A song and rhyme session to support children's early communication skills.

The Early Days: Co-delivered with a Health Visitor for families with babies born during Covid-19.

Chat and Chill Volunteer-led Group: Run by parent volunteers; time for parents to share thoughts and ideas and be of support to one another.

Skills Development Service – How Can We Help? Find out how we can support parents with their own Confidence Building, Adult Learning, Volunteering and Employment.

GROW Your Own Confidence Course: A relaxed course for parents who want to build their self-confidence and resilience, delivered in partnership with LCC Adult Skills and Family Learning Service. After the course we would be pleased to help you with next steps.

