



Wellbeing Walks

As a parent of a young child do you feel that you would benefit from some additional support? If so why not book onto one of our wellbeing walks?

The walks offer an opportunity to safely bring together small groups of parents with children up to 2 years old.

The walks are led by your Early Years team and offer a way to connect with us and with other parents for support whilst making the most of the outdoors.



To book onto your local Children's Centre walk please email:

Louth_CC_fax@lincolnshire.gov.uk

HoltonLeClay_CC@lincolnshire.gov.uk

Binbrook_CC@lincolnshire.gov.uk

Please note: Children will need to be in a pushchair or on reins throughout the walk to enable us to ensure social distancing

Government guidance will be adhered to throughout the walk